

SAMPLE LESSON PLAN

LANGUAGE	COURSE/LEVEL	UNIT THEME	WEEK OF	DAYS
French	EntreCultures 2	Unité 5: Des conseils pour une vie saine		2

ESSENTIAL QUESTION	UNIT GOAL(S)
How do people where I live and in francophone cultures view social and emotional health?	 Read, view, and listen to informational texts. Discuss with others the ways in which they and others maintain social and emotional health. Investigate how people in francophone cultures
	maintain their social and emotional health.

CAN-DO STATEMENTS	PERFORMANCE TASKS
 Mon progrès communicatif: I can describe my healthy social and emotional health in an email. 	Have learners write tips with positive habits for social and emotional health.
 I can understand recommendations for maintaining social and emotional health in a video. 	

	LANGUAGE (VOCABULARY/STRUCTURES)	INTERCULTURAL CONNECTIONS	
	Comment dit-on 3: Le bien-être, c'est plus que le corps (Ma santé sociale et émotionnelle)	Recommendations for healthy habits (Cultural comparisons)	
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LEARNING EXPERIENCES	MATERIALS
 Teacher Lesson Introduction Video Welcome students. Give overview of lesson expectations/agenda. Remind students of essential question. Review lesson's learning goals. 	To facilitate online learning, create a PowerPoint presentation or visual for introduction and record or post video on the Classroom Forum.
Introductory Activity Homework from previous day: Use the Classroom Forum to brainstorm ways learners maintain social and emotional health. Read and respond to at least three posts.	Assign students to post their ideas in the Classroom Forum.
Guided Practice: Comment dit-on? 3: Le bien-être, c'est plus que le corps	
Vocabulary Introduction: Ma santé sociale et émotionelle p. 252 Create and post a video related to social/ emotional health and a stressful day. Sample script: O là là, quelle journée, quel stress! Je me sens tendu(e)! Normalement, je me réveille à l'heure et je planifie mes tâches pour être organisé(e). Pas aujourd'hui! Le réveil n'a pas sonné! Après l'école, je vais me reposer un peu, ou bien faire quelque chose pour m'amuser, comme lire ou regarder la télé ou un autre passe-temps. Je peux aussi me promener, s'il fait beau. Ce soir, je vais me coucher avant 22 h! Pas d'écrans - je vais éteindre la télé au moins une heure avant de me coucher. Je peux choisir mes vêtements et préparer mon déjeuner pour demain pour simplifier ma routine du matin. Et maintenant? Je respire, je compte jusqu'à dix, et je fais de mon mieux!	Teacher-created video. Teacher can record directly into the Classroom Forum or upload a file. Video can be live action or a series of PowerPoint images with audio.
Have learners compare their ideas from the Classroom Forum with those above and check off any that are in common.	Teacher-created handout or online quiz, etc. Students check off which items they had in common with presentation.
Have learners sort their habits for maintaining social and emotional health into times of day.	Teacher-created handout or online quiz



LEARNING EXPERIENCES	MATERIALS
Independent Practice	
Activité 20: Est-ce que j'ai des habitudes saines pour une vie moins stressante?	
Étape 1 p. 253 Have learners take the quiz on p. 252 and answer the related questions.	Assign Activité 20, Étape 1 in Explorer
Learners complete and submit the handout for Activity 20 or share their self-reflection in the Classroom Forum.	(Optional) Reflection question in Classroom Forum
Étape 2 p. 253 Have learners listen to the audio of three students and sort the statements from the word bank according to which person does each activity.	Assign Activité 20, Étape 2 in Explorer
Have learners use these notes to score each of the speakers.	
Étape 3 p. 253 Have learners choose one person from Étape 2 to write an email to and provide tips for maintaining social and emotional health by sharing learners' healthy habits.	Assign Activité 20, Étape 3 in Explorer
Activité supplémentaire 5 Have learners use the flashcards to review new vocabulary.	Assign Activité supplémentaire 5 in Explorer
Activité supplémentaire 6 Have learners take the online quiz when ready.	Assign Activité supplémentaire 6 in Explorer
Closure After completing Activité 20 Étape 3, students reflect on the Can-Do Statement	Language Portfolio or Classroom Forum



LEARNING EXPERIENCES	MATERIALS
 Teacher Lesson Introduction Video Welcome students. Give overview of lesson expectations/agenda. Remind students of essential question. Review lesson's learning goals. 	To facilitate online learning, create a PowerPoint presentation or visual for introduction and record or post video on Classroom Forum.
Introductory Activity Have learners imagine that they are at an international forum for social and emotional health and have them provide three recommendations for adolescents for maintaining social and emotional health in the Classroom Forum.	Classroom Forum (Optional) Teacher-created handout or online quiz.
Guided Practice: None	
Independent Practice	
Activité 21: Quelles sont leurs habitudes quotidiennes?	
Étape 1 p. 254 Have learners watch videos posted by Mathew et Brenda and indicate the habits of each blogger.	Assign Activité 21, Étape 1 in Explorer.
Learners complete and submit the handout for Activity 21.	
Étape 2 p. 254 Have learners leave a voice message inviting friends to spend the weekend prior to exams. Have them suggest activities that support healthy social and emotional habits.	Instead of assigning Activité 21, Étape 2 in Explorer, have students record their invitations in the Classroom Forum so that they can listen to and respond to one another's invitations.
Have learners listen to posts of others and reply to three with a voice message that either accepts the invitation or declines politely.	



LEARNING EXPERIENCES	MATERIALS
Activité 22: Combien d'heures de sommeil faut-il par nuit?	
Étape 1 p. 254-255 Have learners read the infographic on p. 255 and respond to the true/false questions.	Share teacher-created handout or online quiz in the Classroom Forum.
Étape 2 p. 256 Have learners summarize the main ideas of the infographic by recording their response in Explorer (audio or video recording). Instruct students to respond individually instead of as a group.	Assign Activité 22, Étape 2 in Explorer.
Closure Have learners reflect on the Can-Do Statement for Activité 21, Étape 1. (Note: This Can-Do statement also applies to the J'avance formative assessment.)	Language Portfolio or Classroom Forum





SUPPORTS & CHALLENGES

SUPPORTS / CHALLENGES







STILL A GOAL	WITH HELP	INDEPENDENTLY
Additional vocabulary practiceSentence startersWord bank	Additional vocabulary practiceSentence starters	 Day 1 Incorporation of Expressions utiles and On peut aussi dire vocabulary Day 2
		 Act. 22 Étape 2: Learners provide main ideas and some details

